Dear Colleagues,

We offer the following resources to spark conversation and innovation in 15 minutes or less. These “sparks” can be used as food for thought or to encourage conversations among peers.

**February’s Topic: Random Acts of Kindness**
A random act of kindness is a selfless act performed by kind people to either help or cheer up a random stranger. We hope these examples and resources inspire the children and adults in your school!

**Videos:**

**Clip #1: 20 Random Acts of Kindness**
Random acts of kindness can spark other acts of kindness; use these with your students. (3:05 minutes)

**Clip #2: Elementary students perform 100 random acts of kindness**
(2:33 minutes)
Article:

- Click here for 120 random act of kindness ideas.

Random Acts of Kindness Website:

- February 12-18 is Random Acts of Kindness week. For more details, click here to visit this website.

We hope these resources provide sparks for conversation!

Regards,

The ISACS Professional Services Committee & the ISACS Professional Development Team

PAST SPARKS

Please visit www.isacs.org/ISACSSpark to view all previous ISACS Sparks.

This email has been sent to heads of school, division heads, assistant/associate heads, deans of faculty, deans of studies, directors of professional development, and ISACS teacher representatives.