



# Meet. Share. Spark Innovation.

**Dear Colleagues,**

We offer the following resources to spark conversation and innovation in 15 minutes or less. These “sparks” can be used as food for thought or to encourage conversations among peers.

**February’s Topic: Random Acts of Kindness**

A random act of kindness is a selfless act performed by kind people to either help or cheer up a random stranger. We hope these examples and resources inspire the children and adults in your school!

**Videos:**

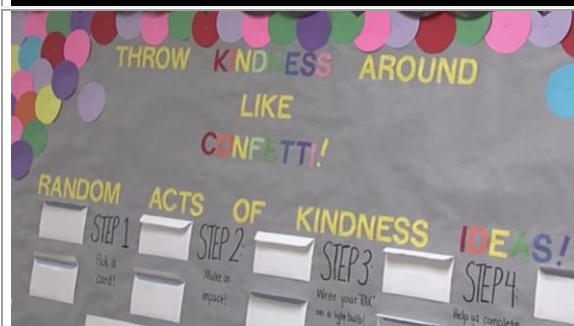
**This year I decided to  
celebrate my birthday a little  
differently.  
In honour of turning 20 I did  
20 random acts of kindness...**

**Clip #1: [20 Random Acts of Kindness](#)**

Random acts of kindness can spark other acts of kindness; use these with your students.  
(3:05 minutes)

**Clip #2: [Elementary students perform 100 random acts of kindness](#)**

(2:33 minutes)



**Article:**

- [Click here](#) for 120 random act of kindness ideas.

**Random Acts of Kindness Website:**

- February 12-18 is Random Acts of Kindness week. For more details, [click here](#) to visit this website.

We hope these resources provide sparks for conversation!

Regards,

The ISACS Professional Services Committee & the ISACS Professional Development Team

## **PAST SPARKS**

**Please visit [www.isacs.org/ISACSSpark](http://www.isacs.org/ISACSSpark) to view all previous ISACS Sparks.**

*This email has been sent to heads of school, division heads, assistant/associate heads, deans of faculty, deans of studies, directors of professional development, and ISACS teacher representatives.*